

# HELP FOR ALZHEIMER'S IS HERE

## Join us at The Gathering Point

*The Gathering Point is an activity-based program designed to stimulate Alzheimer's patients as well as decrease their anxiety and confusion, and to offer respite to their caregivers.*



## **Sweeny Senior Center**

### **Beginning August 10**

### **12pm to 3:30pm**

Pictured from left: Ron Brock, chaplain of the Gathering Places and the Gathering Point, Sweeny Mayor Kenneth Lott and City Manager Tim Moss look over the goals of the Gathering Point, a monthly afternoon of activities for people with memory disorders.

- **A light lunch and snacks will be offered**
- **Interactive therapies and exercise**
- **Art programs, music and play bingo for prizes**
- **Socialize with volunteers and other participants**
- **All activities will be designed or approved by recreational and physical therapist, and implemented by trained volunteers**

The purpose of the Gathering Point is to break the cycle of fatigue for the caregiver, and to offer an outing to persons with dementia that improves their self-esteem, allows them to socialize, and enjoy failure-free activities.

For more information contact  
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